



# October 2026

## Citrus & Magnolia Activity Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



1

**9.40am**  
Yoga (Citrus)  
**10:15am**  
Discussion  
**11.00am**  
Whiteboard game  
Woolly Flock knitting  
**2.00pm**  
Bingo

2

**9.40am**  
Friday fun day  
Men's gym  
**10:15am**  
Discussion  
**11.00am**  
Sing along  
Cards club  
**2.00pm**  
Friday social (Citrus)

3

**9:40am**  
Individual visits  
**10.45am**  
Residents' choice

4

**9:40am**  
Individual visits  
**10.45 am**  
Music concert

5

**9.40am**  
Chair aerobics  
**10.15am**  
Discussion - What's on this week?  
**11.00am**  
Brain game  
Wheelchairs walk  
**2.15pm**  
Bingo  
Individual visit

6

**9.40am**  
Chair aerobics  
**10:15am**  
Discussion  
**11.00am**  
Armchair travel to England (Magnolia)  
**12.00pm**  
English Lunch  
**2.00pm**  
Busy bees

7

**9:40am**  
Chair aerobics  
**10:15am**  
Discussion  
**11.00am**  
Uniting church L1  
Musical quiz  
**2:00pm**  
Floor Games

8

**9.40am**  
Chair aerobics  
**10:15am**  
Discussion  
**11.00am**  
Word Search game  
Outdoor walk  
**2.00pm**  
Bingo  
**3.00pm**  
Violin & piano concert

9

**9.40am**  
Friday fun day  
Men's gym  
**10:15am**  
Discussion  
**11.00am**  
Sing along  
Cards club  
**2.00pm**  
Friday social (Citrus)

10

**9.40am**  
Individual visit  
**11.00am**  
Residents' choice

11

**9.40am**  
Individual visit  
**10.45 am**  
Music concert (Citrus)

12

**9.40am**  
Chair aerobics  
**10.15am**  
Discussion - What's on this week?  
**11.00am**  
Wheelchairs walk  
Brain games  
**2.00pm**  
Bingo  
Individual visits

13

Bus Outing

Books on Wheels

**9.40am**  
Chair aerobics  
**10.20am**  
Discussion  
**11.00am**  
Table game  
**2.00pm**  
Sip and paint

14

**9.40am**  
Chair aerobics  
**10:15am**  
Discussion  
**11.00am**  
Orthodox service L2  
Musical quiz  
**2.00pm**  
Cooking: Pumpkins scones

15

**9.40am**  
Chair aerobics  
**10.15am**  
Discussion  
**11.00am**  
Outdoor walk  
Scrabbles  
**2.00pm**  
Bingo Bonanza for Telethon (citrus)

16

**9.40am**  
Friday fun day  
Men's gym  
**10.15am**  
Discussion  
**11.00am**  
Sing along  
Cards club  
**2.00pm**  
Friday social (Citrus)

17

**9.40am**  
Individual visit  
**11.00am**  
Residents' choice

18

**9.40am**  
Individual visit  
**10.45 am**  
Music concert (Citrus)



# October 2026

## Citrus & Magnolia

| Monday                                                                                                                                                                                                                | Tuesday                                                                                                                                                                                                                                                                                                                                  | Wednesday                                                                                                                                                                                                   | Thursday                                                                                                                                                                                                  | Friday                                                                                                                                                                                           | Saturday                                                                                                                                                                                                            | Sunday                                                                                               |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|
| <div>19</div> <div>9.40am<br/>Chair aerobics</div> <div>10.15am<br/>Discussion - What's on this week?</div> <div>11.00am<br/>Wheelchairs walk<br/>Brain games</div> <div>2.00pm<br/>Bingo<br/>Individual visits</div> | <div>20</div> <div>9.40am<br/>Individual visits</div> <div>10.20am<br/>Discussion</div> <div>11.00am<br/>Beer tasting for Oktoberfest and quiz</div> <div>12.00am<br/>Oktoberfest Lunch</div> <div>2.15pm<br/>Birthday party (Citrus)</div> <div></div> | <div>21</div> <div>9.40am<br/>Chair aerobics</div> <div>10.20am<br/>Discussion</div> <div>11.00am<br/>Catholic service L1<br/>Diwali celebration</div> <div>2.00pm<br/>Movie<br/>Men's Club(magnolia)</div> | <div>22</div> <div>9.40am<br/>Chair aerobics</div> <div>10.20am<br/>Discussion</div> <div>11.00am<br/>Movie (Lifestyle Meeting)</div> <div>2.00pm<br/>Bingo</div>                                         | <div>23</div> <div>9.40am<br/>Friday fun day<br/>Men's gym</div> <div>10.15am<br/>Discussion</div> <div>11.00am<br/>Sing along<br/>Cards club</div> <div>2.00pm<br/>Friday social (Citrus)</div> | <div>24</div> <div>9.40am<br/>Individual visit</div> <div>11.00am<br/>Residents' choice</div>                                                                                                                       | <div>25</div> <div>9.40am<br/>Individual visits</div> <div>10.45 am<br/>Music concert (Citrus)</div> |
| <div>26</div> <div>9.40am<br/>Chair aerobics</div> <div>10.15am<br/>Discussion – What's on this week?</div> <div>11.00am<br/>Wheelchairs walk<br/>Brain games</div> <div>2.00pm<br/>Bingo<br/>Individual visits</div> | <div>27</div> <div>Grandparent's Day</div> <div>Bus Outing</div> <div>9.40am<br/>Chair aerobics</div> <div>10.20am<br/>Discussion</div> <div>11.00am<br/>Art and Craft for Melbourne Cup</div> <div>2.15pm<br/>Sing along with Season funeral (Citrus)</div>                                                                             | <div>28</div> <div>9.40am<br/>Chair aerobics</div> <div>10.20am<br/>Discussion</div> <div>11.00am<br/>Word games<br/>Colouring</div> <div>2.00pm<br/>Make your own pancakes</div>                           | <div>29</div> <div>9.40am<br/>Chair aerobics</div> <div>10.20am<br/>Discussion</div> <div>11.00am<br/>Residents &amp; representatives meeting (Citrus)<br/>Outdoor Walk</div> <div>2.00pm<br/>Bingo</div> | <div>30</div> <div>9.40am<br/>Friday fun day<br/>Men's gym</div> <div>10.15am<br/>Discussion</div> <div>11.00am<br/>Sing along<br/>Cards club</div> <div>2.00pm<br/>Friday social (Citrus)</div> | <div>31</div> <div>Halloween</div> <div>9.40am<br/>Individual visit</div> <div>11.00am<br/>Residents' choice</div> <div></div> |                                                                                                      |