



August 2026

Citrus & Magnolia

Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 9:40am Chair aerobics 10:15am Discussion - What's on this week? 11.00am Brain game Wheelchairs walk 2.15pm Bingo	  			1 9:40am Individual visits 10.45am Resident choice	2 9:40am Individual visits 10.45 am Music concert	
3 9:40am Chair aerobics 10:15am Discussion - What's on this week? 11.00am Brain game Wheelchairs walk 2.15pm Bingo	4 Bus Outing 9.40am Chair aerobics 10:15am Discussion 11.00am Table game 2.00pm Sip and paint	5 9:40am Chair aerobics 10:15am Discussion 11:00am Memory card game Reminiscing 2:00pm Floor Games	6 9:40am Chair aerobics 10:15am Discussion 11:00am Movie (Lifestyle meeting) 2:00pm Bingo	7 Aged Care Employee Day 9.40am Friday fun day Men's gym 10:15am Discussion 11.00am Sing along Cards club 2.00pm Friday social (Citrus)	8 9:40am Individual visits 10.45am Residents' choice	9 9:40am Individual visits 10.45 am Music concert
10 9.40am Chair aerobics 10.15am Discussion - What's on this week? 11.00am Brain game Wheelchairs walk 2.15pm Bingo Individual visit	11 Books on Wheels 9.40am Yoga (Citrus) 10.20am Discussion 11.00am Art & craft Father's Day 12.00pm Italian lunch 2.00pm Pamper Parlour (magnolia)	12 9.40am Chair aerobics 10:15am Discussion 11.00am Musical quiz Uniting church service L1 Orthodox service L2 2.00pm Cooking: Cheese biscuits	13 9.40am Chair aerobics 10:15am Discussion 11.00am Whiteboard game Quiz 2.00pm Bingo 3.00pm Violin & piano concert	14 9.40am Friday fun day Men's gym 10:15am Discussion 11.00am Sing along Cards club 2.00pm Friday social (Citrus)	15 9.40am Individual visit 11.00am Residents' choice	16 9.40am Individual visit 10.45 am Music concert (Citrus)



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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
17 9.40am Chair aerobics 10.15am Discussion – Christmas in July 11.00am Wheelchairs walk Brain games 2.00pm Bingo Individual visits	18 9.40am Yoga (Citrus) Individual visits 10.20am Discussion 11.00am Art & craft for father day decoration 2.15pm Birthday party (Citrus) 	19 9.40am Chair aerobics 10.20am Discussion 11.00am Catholic service L1 2.00pm Movie Men's club (Magnolia activity room)	20 9.40am Chair aerobics 10.15am Discussion 11.00am Balloon tennis Woolly Flock knitting 2.00pm Bingo	21 9.40am Friday fun day Men's gym 10.15am Discussion 11.00am Sing along Cards club 2.00pm Friday social (Citrus)	22 9.40am Individual visit 11.00am Residents' choice	23 9.40am Individual visit 10.45 am Music concert (Citrus)
24 9.40am Chair aerobics 10.15am Discussion - What's on this week? 11.00am Wheelchairs walk Brain games 2.00pm Bingo Individual visits	25 Bus Outing 9.40am Chair aerobics 10.20am Discussion 10.30am Animal farm (Citrus garden) 2.15pm Pamper parlour (Magnolia) 	26 9.40am Chair aerobics 10.20am Discussion 11.00am Quiz 2.00pm Gardening (Magnolia)	27 9.40am Chair aerobics 10.20am Discussion 11.00am Residents & representatives meeting (Citrus) 2.00pm Bingo	28 9.40am Friday fun day Men's gym 10.15am Discussion 11.00am Sing along Cards club 2.00pm Friday social (Citrus)	29 9.40am Individual visit 11.00am Residents' choice	30 9.40am Individual visits 10.45 am Music concert (Citrus)