



July 2026

Citrus & Magnolia

Activity Calendar

Monday

Tuesday

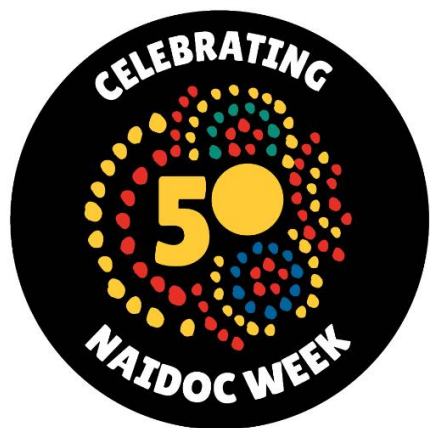
Wednesday

Thursday

Friday

Saturday

Sunday



1

9:40am
Chair aerobics
10:15am
Discussion
11:00am
Memory Card game
Reminiscing
2:00pm
Floor Games

2

9:40am
Chair aerobics
10:15am
Discussion
11:00am
Residents &
representatives
meeting (Citrus)
2:00pm
Bingo

3

NAIDOC Week 5-12

9.40am
Friday fun day
Men's gym
10:15am
Discussion
11.00am
Sing along
Cards club
2.00pm
Friday social (Citrus)

4

9:40am
Individual visits
10.45am
Resident choice

5

9:40am
Individual visits
10.45 am
Music concert
(Citrus)

6

9:40am
Chair aerobics
10:15am
Discussion - What's
on this week?
11.00am
Brain game
Wheelchairs walk
2.15pm
Bingo

7

Bus Outing

9.40am
Chair aerobics
10:15am
Discussion
11.00am
NAIDOC art & craft
12.00pm
NAIDOC Lunch
2.00pm
Sip and paint for
NAIDOC week (Citrus)



8

9.40am
Chair aerobics
10:15am
Discussion
11.00am
Musical quiz
Uniting church service
L1
2.00pm
Cooking: Mini Quiche

9

9.40am
Chair aerobics
10:15am
Discussion
11.00am
Movie
(Lifestyle meeting)
2.00pm
Bingo

10

9.40am
Friday fun day
Men's gym
10:15am
Discussion
11.00am
Sing along
Cards club
2.00pm
Friday social (Citrus)

11

9.40am
Individual visit
11.00am
Residents' choice

12

9.40am
Individual visit
10.45 am
Music concert
(Citrus)



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Citrus & Magnolia Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
13 9.40am Chair aerobics 10.15am Discussion - What's on this week? 11.00am Brain game Wheelchairs walk 2.15pm Bingo Individual visit	14 9.40am Yoga (Citrus) 10.20am Discussion 11.00am Art & Craft for Christmas in July 12.00pm Swedish Lunch  2.00pm Pamper Parlour (magnolia)	15 9.40am Chair aerobics 10.20am Discussion 11.00am Catholic service L1 Orthodox service L2 2.00pm Movie Men's club (Magnolia activity room)	16 9.40am Chair aerobics 10.15am Discussion 11.00am Consultation about the Garden Space(Citrus) 2.00pm Bingo 3.00pm Violin and piano Concert (citrus)	17 9.40am Friday fun day Men's gym 10.15am Discussion 11.00am Sing along Cards club 2.00pm Friday social (Citrus)	18 9.40am Individual visit 11.00am Residents' choice	19 9.40am Individual visit 10.45 am Music concert (Citrus)
20 9.40am Chair aerobics 10.15am Discussion – Christmas in July 11.00am Wheelchairs walk Brain games 2.00pm Bingo Individual visits	21 Bus Outing Books on Wheels 9.40am Chair aerobics 10.20am Discussion 11.30am Christmas in July celebration lunch and drinks  2.15pm Birthday party (Citrus)	22 9.40am Chair aerobics 10.20am Discussion 11.00am Quiz 2.00pm Gardening (Magnolia)	23 9.40am Chair aerobics 10.20am Discussion 11.00am Balloon tennis Woolly Flock knitting 2.00pm Bingo	24 9.40am Friday fun day Men's gym 10.15am Discussion 11.00am Sing along Cards club 2.00pm Friday social (Citrus)	25 9.40am Individual visit 11.00am Residents' choice	26 9.40am Individual visits 10.45 am Music concert (Citrus)
27 9.40am Chair aerobics 10.15am Discussion - What's on this week? 11.00am Wheelchairs walk Brain games 2.00pm Bingo Individual visits	28 9.40am Yoga (Citrus) Individual visits 10.20am Discussion 11.00am Table game 2.15pm Pamper parlour (magnolia)	29 9.40am Chair aerobics 10.20am Discussion 11.00am Quiz 2.00pm Cooking: Pizza scrolls	30 9.40am Chair aerobics 10.20am Discussion 11.00am Residents & representatives meeting(Citrus) 2.00pm Bingo	31 9.40am Friday fun day Men's gym 10.15am Discussion 11.00am Sing along Cards club 2.00pm Friday social (Citrus)		