



# June 2026

## Waterford

## Activity Calendar

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday



**1** **WA Day**

**9.40am**  
Chair aerobics  
**10.15am**  
Discussion - What's on for this week?  
**11.00am**  
WA Animal Quiz  
**2.00pm**  
Bingo  
**3.00pm**  
Dance it out

**2**

**9.40am**  
Chair aerobics  
**10.15am**  
Morning connection  
**10.45 am**  
**Christian service L4**  
**2.00pm**  
Floor game  
Sewing & knitting L4  
**3.00pm**  
Busy bee

**3**

**9.40am**  
Chair aerobics  
**10.15am**  
Morning connection  
**11.00am**  
Sing Along  
**2.00pm**  
Pampering parlour  
Carpet Bowl L4  
**3.00pm**  
Doll therapy

**4**

**9.40am**  
Chair aerobics  
**10.15am**  
Morning connection  
**11.00am**  
Reminiscing  
**2.00pm**  
Gardening  
**3.00pm**  
Sing along

**5**

**9.40am**  
Friday fun Day  
**10.15am**  
Morning connection  
**11.00am**  
Bingo  
**Orthodox Service L4**  
**1.45pm**  
Friday social with Brenton L4

**6**

**10:15 am**  
Resident choice  
**11.00am**  
Fun exercises  
**2.00pm**  
Whiteboard games  
**3.20pm**  
Dance it out  
**4.20pm**  
Beautiful hymns  
**5.30pm**  
Individual visit

**7**

**10:15am**  
Resident choice  
**11:00am**  
Song of praise  
**2.00pm**  
Gross motor games  
**3.20pm**  
Dance it out  
**4.30pm**  
Colouring in  
Individual visit  
Walk

**8**

**9.40am**  
Chair aerobics  
**10.15am**  
Discussion - What's on for this week?  
**11.00am**  
Word quiz  
**2.00pm**  
Bingo  
**3.00pm**  
Dance it out

**9** **Books on Wheels**

**9.40am**  
Chair aerobics  
**10.15am**  
Morning connection  
**10.45am**  
Yoga L4/Individual visit  
**11.45 am**  
BBQ Lunch  
**2.00pm**  
Remarkably bright creatures  
**3.00pm**  
Busy bee

**10**

**9.40am**  
Chair aerobics  
**10.15am**  
Morning connection  
**11.00am**  
Sing along  
**Catholic Service L4**  
**2.00pm**  
Bingo  
Individual visit  
**3.00pm**  
Doll therapy

**11**

**9.40am**  
Chair aerobics  
**10.15am**  
Morning connection  
**11.00am**  
Flower arranging  
Sensory  
**2.00pm**  
Floor games  
**3:00 pm**  
Piano & violin concert  
Reception  
Sing Along

**12**

**9.40am**  
Friday Fun day  
**10.15am**  
Morning connection  
**11.00am**  
Bingo  
**1.45pm**  
Friday social L4

**13**

**10:15 am**  
Resident choice  
**11.00am**  
Fun exercises  
**2.00pm**  
Whiteboard games  
**3.20pm**  
Dance it out  
**4.20pm**  
Beautiful hymns  
**5.30pm**  
Individual visit

**14**

**10:15am**  
Resident choice  
**11:00am**  
FIFA:Australia V Turkey  
**2.00pm**  
Gross motor games  
**3.20pm**  
Dance it out  
**4.30pm**  
Colouring in  
Individual visit  
Walk



# June 2026

## Waterford

## Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>15</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion - What's on this week? <b>11.00am</b> Brain games <b>2.00pm</b> Bingo <b>3.00pm</b> Dance it out	<b>16</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion <b>11.00am</b> Colouring & drawing <b>2.00pm</b> Puzzles Sewing & knitting L4 <b>3.00pm</b> Busy bee	<b>17</b> <b>Bus Outing</b> <b>9.40am</b> Chair aerobics <b>9.15am</b> Bus outing Waterford <b>10.15am</b> Discussion <b>11.00am</b> Sing along <b>2.00pm</b> Pampering parlour <b>3.00pm</b> Doll therapy	<b>18</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion <b>10.30am</b> Residents and representatives meeting <b>2.00pm</b> Bowling <b>3.00pm</b> Dance it out	<b>19</b> <b>9.40am</b> Friday Fun day <b>10.15am</b> Morning connection <b>11.00am</b> Bingo <b>1.45pm</b> Friday social with Derek Tabaris L4	<b>20</b> <b>10:15 am</b> Resident choice <b>11.00am</b> Fun exercises <b>2.00pm</b> Whiteboard games <b>3.20pm</b> Dance it out <b>4.20pm</b> Beautiful hymns <b>5.30pm</b> Individual visit	<b>21</b> <b>10:15am</b> Resident choice <b>11:00am</b> Song of praise <b>2.00pm</b> Gross motor games <b>3.20pm</b> Dance it out <b>4.30pm</b> Colouring in Individual visit Walk
<b>22</b> <b>9:40am</b> Chair aerobics <b>10:15am</b> Discussion - What's on this week? <b>10:45am</b> Math quiz <b>2:00pm</b> Bingo <b>3:00pm</b> Dance it out	<b>23</b> <b>9:40am</b> Chair aerobics <b>10:15am</b> Discussion <b>10:45am</b> Yoga L4 Painting <b>2:00pm</b> Queen: Live in Wembley <b>3:00pm</b> Busy bee	<b>24</b> <b>9.40am</b> Chair aerobics <b>10:15am</b> Discussion <b>11.00am</b> Sing along <b>2.00pm</b> Bingo Individual visit <b>3.00pm</b> Doll therapy	<b>25</b> <b>9.40am</b> Chair aerobics <b>10.15am</b> Discussion <b>11.00am</b> Table games Ballet4wellbeing <b>2.00pm</b> Cooking Bacon roll <b>3.00pm</b> Dance it out	<b>26</b> <b>9.40am</b> Friday Fun day <b>10.15am</b> Morning connection <b>11.00am</b> Bingo <b>1.45pm</b> Friday social celebrating birthday with Morris Dancers L4	<b>27</b> <b>10:15 am</b> Resident choice <b>11.00am</b> Fun exercises <b>2.00pm</b> Whiteboard games <b>3.20pm</b> Dance it out <b>4.20pm</b> Beautiful hymns <b>5.30pm</b> Individual visit	<b>28</b> <b>10:15am</b> Resident choice <b>11:00am</b> Song of praise <b>2.00pm</b> Gross motor games <b>3.20pm</b> Dance it out <b>4.30pm</b> Colouring in Individual visit Walk
<b>29</b> <b>9:40am</b> Chair aerobics <b>10:15am</b> Discussion - What's on this week? <b>10:45am</b> Math quiz <b>2:00pm</b> Bingo <b>3:00pm</b> Dance it out	<b>30</b> <b>Books on Wheels</b> <b>9:40am</b> Chair aerobics <b>10:15am</b> Discussion <b>11.00am</b> Colouring & drawing <b>2.00pm</b> Table game Men's Club L4 <b>3.00pm</b> Busy bee					